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Clinical Practice Guidelines for Epidermolysis Bullosa Laboratory Diagnosis

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**Abbreviations:**

ACSG, Association for Clinical Genetic Science; AD, autosomal dominant; AR, autosomal recessive; BMZ, basement membrane zone; CASP, critical appraisal skills programme; CPG, clinical practice guideline; DEB, dystrophic epidermolysis bullosa; DEBRA, Dystrophic Epidermolysis Bullosa Research Association; DNA, deoxyribonucleic acid; EB, epidermolysis bullosa; EBS, epidermolysis bullosa simplex; EDTA, ethylenediaminetetraacetic acid; EQA, External quality assessment; ExAc, Exome Aggregation Consortium; FITC, fluorescein-isothiocyanate; H&E, Hematoxylin and eosin stain; HGVS, Human Genome Variation Society; IFM, immunofluorescence mapping; IHC, immunohistochemistry; JEB, junctional epidermolysis bullosa; KS, Kindler syndrome; LOH, loss of heterozygosity; MLPA, multiplex ligation-dependent probe amplification; NGS, next generation sequencing; NHS, normal human skin; NMD, nonsense-mediated mRNA decay; PCR, polymerase chain reaction; PCH, preimplantation genetic haplotyping; PND, prenatal diagnostic; qPCR, quantitative polymerase chain reaction; RCT, randomised controlled trail; RDEB, recessive dystrophic epidermolysis bullosa; RNA, ribonucleic acid; RNA-Seq, RNA sequencing; RT-PCR, reverse transcriptase polymerase chain reaction; SNP, single nucleotide polymorphism; SS, Sanger sequencing; SIGN, Scottish Intercollegiate Guidelines Network; TEM, transmission electron microscopy; VUS, variant of uncertain significance; WES, whole exome sequencing; WGS, whole genome sequencing.

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1. Purpose and scope

The overall objective of this guideline is to provide the user with information on the laboratory diagnosis of inherited epidermolysis bullosa (EB) to improve outcomes (Table 1). An accurate diagnosis and sub classification of EB enables (i) early prognostication of the disease severity, (ii) decision making for patient management, (iii) informed genetic counselling of the patient and family and DNA based prenatal or preimplantation genetic diagnosis, (iv) long-term surveillance and management of possible complications, (v) inclusion in clinical trials and (vi) precision medicine.

The users of the guideline are dermatologists, neonatologists, paediatricians, geneticists and genetic counsellors, laboratory doctors and technicians, nurses and people living with EB and their families. The target group consists of patients with skin blistering or fragility, suspected of suffering from any type of EB.

2. Stakeholder involvement and peer review

In 2016 the Dystrophic Epidermolysis Bullosa Research Association (DEBRA) International consulted with the international EB community and identified clinical practice guidelines (CPG) for EB laboratory diagnosis as a priority area (http://www.debra-international.org/clinical-guidelines.html). This guideline was developed on behalf of DEBRA International with the financial support of DEBRA Austria, according to the DEBRA Guideline Development Standard. The CPG development group consisted of 16 international members representing 12 countries. The draft document was circulated to nine reviewers who are either internationally recognized experts in the field, or people living with EB. On behalf of DEBRA International, a specialist in guideline development and coordinator of CPGs was appointed to guide the development panel through the entire process.
3. Methodology

The CPG development group consisted of dermatologists, paediatric dermatologists, geneticists, biologists and a nurse, and additionally patient representatives. All panel members completed written conflict of interest and code of conduct declarations. The evidence-based development of clinical recommendations was led by two panel members (CH and LL). During the guideline development, the group met twice in face-to-face meetings (at least six members physically present) to discuss the clinical questions, the methodology, review the evidence, the recommendations, and to agree on structure and wording. Whenever input from the entire group was required, it was solicited via email. A research assistant (SB) coordinated communications and contributed to the preparation of the documents and manuscript.

To identify publications, a search of NCBI “All Databases” and PubMed was performed using the terms “Inherited EB and laboratory diagnosis”, “EB and mutation” and “EB and prenatal diagnosis”, with the search period ending December 2018. In addition, “Epidermolysis bullosa” was used to search articles in GeneReviews. A total of 1,485 articles were identified. In light of technological advances, articles published before 2010 were excluded from the appraisal, unless newer publications on a topic were lacking (e.g. prenatal diagnosis of EB). Case reports were only considered when they reported relevant methodology. Seven papers published after November 2017 until August 2018 were appraised, and many other recent publications were added because of their relevant contents.

Sixty-four papers were appraised, each by two panel members, according to the Critical Appraisal Skills Programme (CASP)\(^1\) and Scottish Intercollegiate Guidelines Network (SIGN) quality rating.\(^2\) No meta-analyses, systematic reviews or case control studies were available. The highest level of evidence was achieved by high quality cohort studies.

4. Limitations of the guideline

The document has been prepared on behalf of DEBRA International and is based on the best data available at the time of the document preparation. EB is a rare disease and most of the subtypes are ultra-orphan conditions (1 in 20,000). People living with EB
may have their “private” genetic variants and unusual genotype-phenotype correlations which require individualised strategies for analysis. Moreover, experimental proof of pathogenicity of unclassified sequence variants (variants of uncertain significance, VUS) is performed in a basic research environment. Such situations are not covered by this guideline. Non-invasive prenatal diagnosis (PND) utilising cell-free foetal DNA and preimplantation genetic diagnosis are also not covered within this guideline. Detailed descriptions of the sequencing methods and their quality controls, as well as an introduction in good clinical practice of genetic counselling, were beyond the scope of this guideline.

5. Plans for guideline revision

The proposed revision for this set of recommendations is scheduled for 2021.

6. Background

Inherited EB is a group of rare genetic disorders characterized by skin fragility and mechanically induced blistering. EB comprises four main types - EB simplex (EBS), junctional EB (JEB), dystrophic EB (DEB) and Kindler syndrome (KS), with more than 30 clinical subtypes (Table 2). EB is clinically heterogeneous, including a broad spectrum of severity. At one end of the spectrum, severe congenital cutaneous and mucosal fragility may be accompanied by extracutaneous involvement and complications, often resulting in a limited life span. In contrast, mild skin fragility may be localised to extremities, begin later in life, or only manifest as nail dystrophy. In children and adults, clinical features may be typical and allow the clinical diagnosis of the EB type and subtype. In neonates and in individuals with mild clinical manifestations the determination of the EB type and subtype relies on laboratory diagnosis. In some situations, particularly in families with a first case of EB and apparent de novo occurrence, discrimination between autosomal dominant (AD) and recessive (AR) inheritance is not possible without genetic testing.

Classification of EB with genes and causative variants

Classification of EB into four main types is based on the ultrastructural level of skin cleavage. In EBS splitting occurs within the epidermis (intraepidermal), in JEB within the lamina lucida (junctional), in DEB below the basement membrane within the
superficial dermis (dermal) and in the KS there is a mixed level of skin blistering (Table 2). An EB classification scheme (onion-skin) has been developed which sequentially takes into account the level of skin cleavage corresponding to the major EB type, the clinical severity, the inheritance pattern, and the molecular defect, including the relative protein expression and the disease-causing sequence variant(s).  

A detailed description of this EB classification system and the clinical subtypes has been reported by Fine et al.  

**Clinical features of EB**

**Cutaneous and mucosal involvement in EB**

Skin blistering on sites of mechanical trauma is the main clinical feature of EB. Depending on the level of skin cleavage, blisters may be superficial as with EBS and result in erosions, or more profound such as with JEB, DEB and KS and lead to ulcerations. Blisters may be generalised, disseminated to different body sites, or localised to the extremities. Skin defects heal spontaneously by *restitutio ad integrum*, or with residual hypo-/hyper-pigmentation, skin atrophy or scarring. Recurrent and chronic skin defects may result from permanent exposure of the fragile skin to mechanical trauma.

Oral, oesophageal, tracheal, genitourinary, and ocular mucosal membranes may be affected by erosions, ulcerations and scarring. Fragility of the cutaneous adnexa may involve nails which may become dystrophic or lost, and hair, leading to alopecia. These features are characteristic to specific EB subtypes. 

Progressive scarring results in contractures and/or mutilations of the extremities, microstomia, disfigurement and oesophageal stenosis, which are common in KS and in DEB, or dyspnoea with risk of suffocation in specific forms of JEB.

Teeth may be affected because of amelogenesis imperfecta (JEB) or secondarily to the fragility and scarring of the oral mucosa leading to impaired oral hygiene (DEB).
**Extracutaneous involvement in EB**

Due to the high caloric consumption and acquired complications in the context of permanent skin damage and regeneration, EB subtypes with generalised severe blistering are characterized by secondary involvement of other organs or systems.\(^7,8\) This is mainly the case with generalized recessive DEB (RDEB), which may be accompanied by failure to thrive, anaemia, osteoporosis, joint contractures, cardiomyopathy, renal amyloidosis, etc.\(^8\)

In syndromic EB types, expression of the affected genes in extracutaneous tissues leads to primary involvement of other organs or systems.\(^9\) Examples are: muscular dystrophy in EBS with plectin deficiency; pyloric atresia in EBS with plectin deficiency and in JEB with integrin α6β4 deficiency; cardiomyopathy in EBS caused by \textit{KLHL24} or \textit{PLEC} sequence variants and in skin fragility syndromes with \textit{DSP} and \textit{JUP} sequence variants;\(^10\) lung fibrosis and nephrotic syndrome in JEB with deficiency of the integrin α3 subunit,\(^11\) connective tissue abnormality in patients with \textit{PLOD3} gene mutation,\(^12\) or nephrotic syndrome in patients with CD151 deficiency.\(^13\) For detailed descriptions of the clinical features of EB, original and review articles are available.\(^6–8,14,15\)

**Molecular basis of EB**

In EB, mucocutaneous fragility results from decreased resilience of the structures which confer mechanical stability to the epidermis (keratin cytoskeleton, desmosomes) and to the cutaneous basement membrane zone (BMZ) (hemidesmosomes, focal adhesions, anchoring filaments and anchoring fibrils) (Figure 1). These multimolecular suprastructures link the keratinocytes to each other, the basal keratinocytes to the underlying basement membrane, and the basement membrane to the underlying connective tissue. Disease-causing variants in at least 21 different genes account for the genetic and allelic heterogeneity of EB (Table 2). These genes encode proteins which mainly play structural roles; their major characteristics, expression pattern and functions are summarized in the Supplementary Table 1.
7. Laboratory diagnosis of epidermolysis bullosa

Types of laboratory referral

This guideline provides the steps in making an accurate diagnosis in case of clinical suspicion of EB. It is therefore recommended that laboratories consider the testing criteria formulated and agreed by these guidelines. However, there are vast variations and differences among EB clinical and diagnostic centres around the world with respect to the diagnostic equipment and methods available, and also between the national health system regulations governing rare disease care and genetic testing, and reimbursement for these services. Therefore, one single guideline at this stage may not be able to cover all aspects related to laboratory diagnosis of EB. Such situation(s) may require EB clinicians and diagnostic scientists to make a reasonable adjustment, provided that such adjustment does not deviate from this guideline significantly.

Neonate with skin fragility

A newborn baby showing congenital absence of skin, blistering or skin fragility should be referred to an EB diagnostic centre for diagnosis as soon as possible. In addition to a blood sample for the extraction of genomic DNA, a skin biopsy should be taken from the patient. The confirmation of diagnosis can be achieved (i) by using the skin biopsy for immunohistochemistry (IHC) with fluorescence labelled secondary antibodies (immunofluorescence mapping (IFM)); or (ii) by skin ultrastructure examination by transmission electron microscopy (TEM); or (iii) by direct genetic testing, which is dependent on the facility and resource availability in the diagnosis centre. In some cases, all three approaches are necessary. Although genetic testing can make a definite diagnosis and its turnaround time is progressively shortening, IFM can provide the diagnosis within hours, thus ensuring appropriate neonate management. While this will undoubtedly change in the coming years, IFM still remains the first method of choice.\textsuperscript{16}

Paediatric and adult patient with skin fragility

As the presentation of clinical manifestations may become clearer with a patient's age, any paediatric and/or adult patient with skin fragility who has already developed typical manifestations of the EB subtype can be referred directly to a diagnostic centre for genetic testing. Dependent on situation the method chosen can be next generation sequencing (NGS) or Sanger sequencing (SS). If both methods fail to provide diagnosis, IFM and EM may help to understand the molecular and ultrastructural basis of skin fragility. The details of this part will be discussed later in this guideline.
Carrier testing

An EB patient's biological parents as well as biological siblings can be referred to a diagnostic centre to test for carrier status when the genetic sequence variant has been confirmed in the index case (according to good clinical practice guidelines for genetic counselling). Under the dominant condition of the disease, this can act as a 'sequence variant confirmation'. The segregation of pathogenic variant(s) in the parents and other family members is important in understanding inheritance pattern (AR/AD/de novo) and the risk assessment for future pregnancies. Carrier screening for a person who is not connected to the patient through blood, or who is not from the same geographic area can be recommended. According to the individual situation and national regulations, genetic testing of the partner should be performed after genetic counselling. Recurrence of the disease in the family is possible, even if the calculated risk is very low.

Prenatal diagnosis

When the carrier status of the familial sequence variant has been determined in both parties of an expecting couple, a DNA based prenatal testing can be offered to the couple upon their request. Some countries may have their specific local regulation and ethical requirements which need to be considered before a PND can take place. According to the national regulations, the test can be referred by a genetics counsellor (preferably with knowledge of EB) or a dermatologist specialised in EB. Referral for prenatal testing by linkage analysis would need to be discussed in detail with professionals in a genetic diagnostic centre; as such situation usually requires substantial tests and knowledge of the index case.

EB laboratory diagnostic flow chart

In cases with skin fragility and blistering, standard histopathological evaluation and direct immunofluorescence of skin samples, microbiologic swabs and indirect immunofluorescence with patient's serum (and any other laboratory test required), are routinely indicated to rule out differential diagnoses of EB, such as infections (e.g. staphylococcal scalded skin syndrome, candidiasis, herpes simplex), autoimmune blistering disorders (e.g. bullous pemphigoid), mastocytosis or other genodermatoses (e.g. epidermolytic ichthyosis).
If clinical features and family history are suggestive of EB, laboratory diagnosis is always indicated, after informed consent is given by the patient, parents or the caregivers (as shown in Figure 2).

Ideally, both genetic testing and IFM should be performed to allow complete molecular characterisation of EB, both at the DNA and protein level. These methods provide complementary information that enables prediction of the consequences of novel sequence variants and genotype-phenotype correlations.

However, the benefit for people with EB and their families, the availability of different methods, the national regulations and economic factors must be considered when EB laboratory diagnosis is planned. Prioritisation of strategies can shorten the time to diagnosis and save resources but requires expertise of the clinicians and of the diagnostic scientists (Table 3). In a clinical diagnostic setting, the following main prioritisation strategies of EB laboratory diagnosis can be considered:

- In neonates, IFM should be the first diagnostic step since it delivers rapid results. In parallel, genetic testing should always be performed.
- In cases with characteristic clinical features, including localised dominant EBS or DEB for which IFM will frequently not deliver a useful result, genetic testing by NGS or SS can deliver a final diagnosis.
- In EB (sub) types with genetic heterogeneity or in cases with uncharacteristic findings, without clear candidate gene, genetic testing by NGS is recommended.

If pathogenic variants are detected in the index case, the parents should be tested to determine the pattern of inheritance. Other family members can be tested to confirm segregation and allow genetic counselling.

If no pathogenic variant(s) are detected in the index case, the diagnostic algorithm must be adapted as described below.

**Genetic testing for EB**

The pathogenic sequence variants will provide clarity for the definitive diagnosis, prognosis, and inheritance for the patient with EB and his/her family, and is therefore essential. Moreover, it is the basis for the risk calculation of having an affected offspring in the same generation by the same biological parents of the proband or his/her offspring.
being affected. Furthermore, it provides the basis for genetic prenatal or pre-implantation diagnosis in subsequent pregnancies. With upcoming protein, RNA and genomic DNA targeted therapies, finding the causative pathogenic sequence variant becomes even more important for personalised precision medicine. Therefore, every patient with established or suspected diagnosis of EB is recommended to undergo genetic testing (level of evidence 2++, grade of recommendation B).

EB genetic diagnosis is recommended to be performed in laboratories with documented expertise in the field, preferably accredited (e.g. by ISO 15189 and 17025 standards Organization for Economic Co-operation and Development guidelines or CLIA certified) or certified (e.g. by ISO 9001), or participating in exchange of samples with other laboratories (in External Quality Assessment programs, e.g. EMQN) (level of evidence 4, grade of recommendation D).

Methods

Genomic DNA isolated from peripheral blood leukocytes (EDTA-treated), saliva or by buccal smear from patients and their parents is analysed. A brief summary on currently used genetic testing methods is provided here to allow understanding of the guideline; a detailed description of these techniques is beyond the scope of this article.

**NGS targeted gene panel and whole exome sequencing in EB**

(Level of evidence 2++, grade of recommendation B)

The term NGS describes the techniques used to analyse several genes and a large number of DNA samples in parallel using high-throughput technology. NGS can be applied to only sequence defined DNA targets (e.g. targeted gene panels) or to sequence entire exomes (WES), genomes (whole genome sequencing, WGS) or transcriptomes (RNA-Seq), followed by post-test filtering. Recently, NGS has been proved to be one of the most important tools for accurately and comprehensively identifying pathogenic variants in EB.\(^3,19–24\)
Supplementary Table 2 summarizes the pros and cons of different genetic testing approaches. NGS platforms and subsequent data reporting are recommended to be in accordance with the guidelines published by the European Society of Human Genetics, as well as by Human Genome Variation Society (HGVS).

In EB (sub) types with genetic heterogeneity, in cases without a clear candidate gene, or where candidate genes have been ruled out, or in cases when SS was the first chosen method and did not identify the pathogenic variant, targeted NGS with the 21 known EB genes or WES with targeted filtering for EB genes is recommended (level of evidence 2++, grade of recommendation B). Subsequently, confirmation of novel pathogenic variants found this way should be performed by SS (level of evidence 4, grade of recommendation D). Recent data showed that in clinically unaffected parents, mosaicism may be detected by NGS more often than expected (depending of the coverage of the NGS platform), which has important impact on genetic counselling.

The advantage of targeted EB gene panels is that it obviously has a much higher coverage per gene and base. However, current WES platforms should also provide sufficient coverage per gene and base to provide accurate results, but it is recommended to confirm this in individual laboratories. The regions where coverage is not reaching recommended values (at least 95% of bases more than 20x) should be analysed separately by SS. Finally, the power of WES in finding new genes as well as multi-genes mutations in EB patients has been demonstrated.

Sanger sequencing

(Level of evidence 2++, grade of recommendation B)

Direct bidirectional SS has been the first diagnostic method for identifying the pathogenic variants in EB. All over the world, similar Sanger-based protocols have been successful for disclosing causative pathogenic sequence variants in EB genes. Polymerase chain reaction (PCR) products (300-600 base pairs in size) are generated by using gene-specific primer pairs (sequences have been published for EB genes) covering the coding region and the exon–intron boundaries. Subsequently these are examined by SS.

Direct SS is a rapid and cost- and time-effective method for: (i) genetic testing of small known candidates genes, (ii) carrier identification when the family’s pathogenic variant is known, (iii) prevalent founder/ethnic pathogenic variant screening with
remarkable impact in highly consanguineous populations associated to different EB genes,\textsuperscript{34,36,37,40,44} (iv) confirming pathogenic variants identified using other genetic techniques as recommended by The American College of Medical Genetics and Genomics (ACMG),\textsuperscript{45} and (v) PND.\textsuperscript{46,47}

Results and interpretation

There is strong evidence that both NGS and SS-based approaches are able to identify the pathogenic variants in the majority of EB cases (\textit{level of evidence 2++}, \textit{grade of recommendation B}). Independent of the pathogenic variant detection technique the interpretation of genetic findings should correlate with the clinical and skin biopsy findings. Variants should be named according to the HGVS (www.hgvs.org, http://varnomen.hgvs.org) recommendations with the proper reference sequence mentioned (RefSeq).\textsuperscript{48} The variant name should be checked online using Mutalyzer service (http://www.humgen.nl/mutalyzer).

Once a sequence variant is detected, it needs to be thoroughly evaluated in order to conclude its pathogenicity. It is recommended to classify all variants according to guidelines published by the ACMG.\textsuperscript{45} In 2015, ACMG elaborated standards and guidelines for the interpretation of sequence variants, which provide a step-by-step procedure for consistent variant classification (Supplementary Table 3). The scoring system enables separation of variants into five classes – 1. benign, 2. likely benign, 3. uncertain significance (VUS), 4. likely pathogenic, and 5. pathogenic - based on: frequency in the population, probands’ parents testing, \textit{in silico} predictive bioinformatic tools (Supplementary Table 4), co-segregation with disease in more than one pedigree and functional experimental evidence for the consequences on mRNA and protein level.

Genetic testing could identify one or more variants previously reported as “pathogenic” in databases (HGMD: www.biobase-international.com/product/hgmd; CLINVAR: https://www.ncbi.nlm.nih.gov/clinvar/, and/or disease-specific or locus-specific databases www.deb-central.org\textsuperscript{38,49}, www.interfil.org\textsuperscript{50}, https://grenada.lumc.nl/LOVD2/mendelian_genes/home.php?select_db=FERMT1\textsuperscript{51}), in which case interpretation is relatively straightforward. A clear positive result will be considered when the pathogenic variant(s) co-segregate(s) with the disease following AR or an AD inheritance pattern, as confirmed in the parents and/or other available family members.
To prevent confusion about inheritance pattern definition, in particular when the patient is the first affected in the family, it is recommended to test both parents for carrier status. Transmission of the information on the pathogenic variant and genetic counselling to the patient/parents should be done by an expert, preferably a combination of a clinical geneticist and dermatologist, according to national regulations (level of evidence 4, grade of recommendation D).

If a VUS is detected, interpretation of the results requires segregation analysis, predictive bioinformatics and additional analyses at the mRNA and protein levels. As more variants in EB genes are being identified their disease-causing role must be interpreted in a clinical context, or if possible, by gene expression and functional studies. In such situations IFM provides valuable information on the consequences of genetic variants at the protein level, and biomaterial for further studies. In a research setting, new variants potentially affecting splicing should be confirmed for their consequences at mRNA level. RNA-Seq has been proved to be a reliable tool for identification of splicing errors. Finally, homozygosity mapping provides a tool for screening and evaluating homozygous recessive VUS in consanguineous families.

Limitation and uncertainty

One of the major disadvantages of SS is that the pre-selection of a candidate gene is mandatory (Table 3). Even though this would be the scenario, there is a percentage of cases not resolved by SS in most EB subtypes, up to 25% for instance in EBS. SS is unable to detect large insertion/deletion variants, deep intronic or regulatory pathogenic variants located in uncovered regions and/or at low levels of mosaicism; these are frequently the reasons that no variant is found. The use of complementary phylogenetic analyses and other genetic techniques has been the classical approach to circumvent these SS limitations. Digenic inheritance, as well as a growing number of EB-causative genes, need to be added to the genetic complexity of EB, and these will be missed by single gene SS. Finally, postzygotic (somatic) mosaicism for a de novo pathogenic variant may remain undetected with SS, and requires NGS with higher read coverage.
When no pathogenic variant is found with SS or targeted NGS, the diagnosis should be re-evaluated. If SS and NGS do not detect the disease-causing variant in a strong candidate gene (suggested either by clinical, IFM or TEM findings), additional techniques to exploit, are multiplex ligation-dependent probe amplification (MLPA), RT-PCR, quantitative real-time PCR (qPCR), RNA-seq, SNP arrays or Western blotting to gain evidence for larger rearrangements, splicing alterations, chromosomal rearrangements, gene expression alterations (level of evidence 2++, grade of recommendation B).

Open exome analysis (WES without targeted filters), of which a clinical exome could be the first step in screening all other disease-associated genes (preferably in trio with the parents’ DNA), may be done in cases where candidates have been ruled out with the techniques described above (level of evidence 2+, grade of recommendation C).

Especially with the unbiased, hypothesis-free WES, WGS and RNA-Seq, the major challenge will be the interpretation of all available data or ‘how to locate the needle in the hay-stick’ (noise). This requires robust and reliable data analysis pipelines that are commercially available or can be built in-house. The latter approach necessitates a dedicated bioinformatics division, which at present is not available to most diagnostic service labs. However, with the ongoing progression of DNA-diagnostics and generation of terabytes of data per patient, it is predicted that bioinformatics will become an increasingly important specialty for the diagnostics of the very rare molecularly unsolved patients with EB. Taken together, such analyses will mostly be done in a research setting; international collaboration in these cases is recommended (level of evidence 4, grade of recommendation D).

**Immunofluorescence mapping**

(Level of evidence 2+, grade of recommendation C)

Immunofluorescence mapping (IFM, also called antigen mapping) on frozen sections is a rapid technique for EB subtype diagnosis which is also feasible in resource-limited settings. Variations of this technique include using different panels of antibodies or different IHC detection methods. IHC on frozen sections, is possible, but requires nearly the same equipment as IFM excluding the need of a fluorescence microscope. In formalin-fixed, paraffin-embedded samples antigen loss is a major problem for most
molecules of interest for EB diagnosis, and it is therefore not recommended. Nevertheless, a high sensitivity and specificity can be reached at very low costs using two antibodies (anti-keratin 14, and anti-type IV collagen) on paraffin embedded sections. H&E staining may be useful in resource-limited situations.

**Biopsy samples**

For the diagnosis of EB by IFM, a 4 to 6 mm punch or shave cutaneous biopsy sample is necessary. In general, it is recommended to take the biopsy from an area of the body which is not exposed to the sun (i.e. inner part of the upper arm), as skin exposed to the sun may create non-specific background fluorescence, thus interfering with the interpretation. Application of a topical anaesthetic cream before taking the biopsy may induce artificial skin cleavage. The biopsy should include perilesional (clinically normal appearing) skin as well as a small part of a fresh blister (less than 12 hours) (Supplementary Figure 1a). If no fresh blister is present, a new blister can be induced by rubbing the patient skin adjacent to a lesional area until it becomes red or blistered. An alternative method to induce a new blister after taking the biopsy is by suctioning the epidermal side of the biopsy with a 20-ml syringe until a macroscopic blister appears. However, the quality and reliability of this technique has not been validated in additional publications. Usually the skin of EB patients is extremely fragile and the trauma of the biopsy may by itself lead to dermo-epidermal separation.

**Handling of biopsy samples**

The biopsy sample for IFM can be either snap frozen in liquid nitrogen, or placed in Michel’s medium and stored at room temperature until use or shipment. The samples stored in this medium can be sent worldwide to any specialised laboratory. It is though advisable to ship them as soon as possible to the reference laboratory as signs of epidermal cell cytolysis have been observed after just 48 hours. Samples which are frozen in Michel’s medium are deemed unusable for analysis purposes. Alternatively, samples can be shipped frozen in dry ice. Shipment in sterile saline, in Dulbecco's Modified Eagle Medium or in RPMI-1640 medium is also possible (with arrival to the EB diagnosis centre within 1-3 days, since artificial junctional cleavage and other artefacts may occur).
Method

A series of 4 to 6 μm thin cryocut sections from patient’s skin and a normal (healthy) human skin (NHS) samples are used for IFM (Supplementary Figure 1b). A standard IFM protocol is provided in Supplementary Table 6. Depending on the availability of primary antibodies in different countries, we recommend performing the IFM with at least a minimum number of antibodies, one antibody for each main type of EB as well as with an antibody for type IV collagen to determine the level of blistering64,69,71 (Supplementary Table 7). The routine internal positive control for each antibody is represented by the simultaneous labelling on the same slide of NHS sections; one section each from NHS and patient’s sample for each secondary antibody without primary antibody is recommended as negative control for the staining method.

Results and interpretation

IFM allows for the visualisation of the cleavage level in the blister of the patient’s skin relative to the protein markers used. The presence of a detectable and consistent cleavage plane within the skin allows the diagnosis of the major EB type (Table 2, Supplementary Figure 1c). Briefly, type IV collagen can be used as a marker to delineate the plane of cleavage, as it is never affected in EB. Staining of type IV collagen to the floor of the blister is indicative of a junctional or an intraepidermal blister, whereas staining to the roof defines a dermal blister. In EBS, the cleavage occurs in the epidermis, either within the basal cell layer or above. An irregular keratin 14 labelling surrounding unstained areas is indicative of (micro) blistering within the basal cell layer. In KS, the plane of cleavage is variable. It can be intraepidermal, junctional or dermal, or can occur at multiple levels in the same specimen. Broad reticulated staining of type IV collagen, laminin-332 and type VII collagen can be seen in KS.

The IFM staining result of NHS is compared to the IFM pattern and staining intensity of the patient’s skin. This permits assessment of the presence, absence or reduced/altered expression of different proteins analysed in the skin of the patient. Absent or reduced/altered expression of specific antigens (desmoplakin, plakoglobin, plakophilin 1, CD151, keratin 14, plectin, BPAG1, exophilin 5, laminin-332, type XVII collagen, integrin α6β4, integrin α3 subunit, type VII collagen) is distinctive of specific EB types/subtypes. These findings also have prognostic value since absence of specific proteins (e.g. type XVII collagen, laminin-332, type VII collagen) is associated with severe phenotypes, while residual expression is associated with a milder clinical course. (reviewed in14)
Lack of blistering and/or normal expression of tested antigens, can be inconclusive and preclude a diagnosis of EB type/subtype. In such cases TEM findings, if available, can be helpful for evaluation, and genetic testing should be carried out. In specific cases, the clinical EB diagnosis should be reconsidered.

Sensitivity and specificity of IFM has been compared to TEM\textsuperscript{77,78} or evaluated in relation to clinical diagnosis in a few case series of patients with all types of suspected EB.\textsuperscript{62,73,79} Only in two of these studies the internal reference standard was genetic diagnosis.\textsuperscript{62,77} Of note, the only prospective study, which used genetic testing as an independent standard criterion to measure the diagnostic accuracy of each test, reported that IFM is more sensitive and specific than TEM, though the difference did not reach statistical significance due to insufficient number of samples evaluated.\textsuperscript{77}

If genetic testing identifies VUS, or no pathogenic variants in EB associated genes are found, alterations in the immunostaining pattern and intensity may provide valuable information on the affected protein.\textsuperscript{80,81} Moreover, in such situations, obtaining keratinocytes and/or fibroblasts from a patient’s skin sample enables expression and functional studies.

Limitations and uncertainty

There are few limitations of IFM applied to EB diagnosis: (i) the presence of artificial splits or protein degradation or a sample denuded of epidermis, due to inappropriate sampling, transport and storage can be confusing; (ii) the absence of blisters in sample sections and a normal immunoreactivity to the various markers tested are frequent in cases of mild skin fragility such as with localised EBS or DEB; (iii) changes in the expression pattern and intensity may be observed with multiple markers making interpretation difficult; (iv) using an extended IFM panel can make the test expensive particularly in resource limited settings; (v) using an IFM panel with a limited number of antibodies can lead to an erroneous interpretation of the results and inconclusive or even incorrect diagnosis.

Electron microscopy

(\textit{Quality of evidence 2+, grade of recommendation C})

Electron microscopy led to the initial classification of EB into three major types - simplex, junctional and dystrophic - based on the precise level of tissue separation.\textsuperscript{82–84}
Method

When a biopsy for TEM is planned, the criteria for the choice of the skin biopsy site and the method used to acquire it, are the same as described for IFM.\textsuperscript{85} The skin sample should be immediately immersed in an appropriate fixative for TEM, which usually contains both glutaraldehyde and formaldehyde (e.g. Karnovsky’s fixative) and is suitable for sample shipment. Subsequent processing for TEM examination comprises cutting the sample into small pieces (0.5 to 1 mm thick), followed by further fixation, post-fixation in osmium tetroxide, dehydration, epoxy resin embedding, and semithin section preparation according to standard TEM methods. Light microscopy examination of semithin sections will permit the selection of both fields containing blistering areas and intact skin for ultrathin sections preparation and examination.

Results and interpretation

TEM examination allows the definition of the blister level within the skin to be defined as detailed in Table 2. Interpretation of TEM analysis requires a deep knowledge of epithelial cell-cell and cell- matrix adhesion structures and their appearance in normal and EB skin.

Under skin ultrastructure, the cleavage occurs: (i) within the epidermis in EBS, (ii) at the level of the lamina lucida of the cutaneous BMZ in JEB, (iii) below the lamina densa of the BMZ in DEB, and (iv) at multiple levels in KS.\textsuperscript{5}

Overall the most common EBS subtypes are due to sequence variants in the keratin 5 and 14 genes, where the cleavage is within the cytoplasm of the epidermal basal cells, usually beneath the nucleus.\textsuperscript{85} Additional specific findings in these EBS subtypes include: (i) aggregation and clumping of keratin tonofilaments within the basal keratinocytes, regularly detected in both lesional and perilesional skin in EBS generalised severe\textsuperscript{86} and in some cases of EBS with mottled pigmentation,\textsuperscript{87} and (ii) lack of keratin tonofilaments in basal keratinocytes in recessive EBS due to \textit{KRT14} sequence variants.\textsuperscript{88,89} The ultrastructural characteristics of rare EBS subtypes are described in Table 2.
Separation is through the lamina lucida of the BMZ in JEB subtypes due to pathogenic variants in the genes encoding for laminin-332, α6β4 integrin, or type XVII collagen. Of note, pathogenic variants in type XVII collagen and the β4 integrin subunit can exceptionally be associated with an intraepidermal cleavage, and the split is usually undetectable in JEB-laryngo-onycho-cutaneous syndrome. JEB hemidesmosomes are usually hypoplastic and reduced in number, although they can appear normal in both structure and number, particularly in mild cases of JEB due to laminin-332 or type XVII collagen gene pathogenic variants.

RDEB generalised severe shows rudimentary or absent anchoring fibrils, in addition to subepidermal blistering. Variably hypoplastic anchoring fibrils are usually observed also in the other RDEB, and in dominant DEB subtypes. Finally, bullous dermolysis of the newborn is characterised by the presence of pathognomonic membrane-bound inclusions containing amorphous material and rod-like structures, named stellate bodies, in basal keratinocytes.

The cleavage plane in KS may vary, being located either within the epidermis or the lamina lucida or beneath the lamina densa, with multiple separation levels frequently visible in the same specimen. Other characteristic findings include extensive reduplications of the lamina densa.

As discussed earlier regarding the limitation of IFM and TEM, when neither blistering nor any typical finding can be detected by both IFM and TEM examination, genetic testing should be performed.

![TEM is at present still an important method for the early diagnosis of a limited number of EB subtypes, in particular EBS generalised severe, autosomal recessive EBS caused by EXPH5 or DST1e, and, possibly, bullous dermolysis of the newborn. In these subtypes, IFM may not be able to provide clear result. Thus, the early detection of specific ultrastructural features has direct prognostic and management implications.](image)

![In cases in which VUS or no clear pathogenic variants are identified by genetic testing, TEM may provide valuable information on the underlying ultrastructural anomalies.](image)
**Limitations and uncertainty**

TEM is a more expensive, labour-intensive and time-consuming method than IFM. It requires both highly skilled technical work for specimen processing and preparation, and specific expertise for their observation and interpretation, thus resulting in TEM for EB diagnosis being performed in a limited number of centres. In addition, in several EB subtypes there are no specific ultrastructural findings and TEM does not allow direct identification and quantification of the defective protein. When blistering or adhesion structure abnormalities are not present or detectable in a TEM specimen such as with localised EBS or very mild DEB subtypes, TEM findings can be inconclusive. Finally, the determination of subtle abnormalities of epithelial adhesion structures can require morphometric analysis which is not feasible in a routine diagnostic setting.

**Reporting scenarios**

When issuing the report, it should include as much patient information as possible, as it is often the case that the EB patient is under the care of different medical professionals in diverse locations or facilities. The reason for referral should be re-stated, which at least specifies the type of test that was requested, e.g. diagnostic, carrier, or prenatal test. Reference to the laboratory tests carried out must include brief mention of the method(s) used and details of what was tested. According to the settings in different EB diagnostic centres, the report can be issued by a laboratory scientist or consultant dermatologist, or sometimes by both. The report should only be send to the referral physician, and the responsibility of the staff involved in the reporting should be clearly indicated.

**Report for genetic testing**

- a) Genetic testing in an affected individual (index case)

The genetic testing report must provide a full and clear interpretation of the results, as the report may be read by a variety of professionals involved in the care of the patient, many of whom may not be familiar with genotyping results. It is also recommended to use HGVS nomenclature. For point sequence variants, the sequence change should be stated at the DNA level (assuming it has been characterized in DNA), and as predicted in the protein. Also for clarity it is useful to state in words what the change is, and its predicted effect. In addition, the paternal/maternal origin of the sequence variant, or its de novo occurrence should be specified. In all mutation reports, it is
essential to quote the accession number of the gene reference sequence which has been used in classifying the mutation. When reporting a deletion or duplication, the report must clearly convey whether the end points of a deletion or duplication have been determined (this is not always possible in a routine diagnostic setting). The report should always mention that genetic consultation is recommended or legally obligated in most countries, and that screening for relatives is possible. Whenever appropriate carrier risk and risk for having affected offspring should be calculated. If no clear diagnosis can be made from the evidence available this must be clearly stated in the report (ACMG guidelines).

The report must state that the presence of the pathogenic variant confirms, or is consistent with the diagnosis. The report must also clearly indicate if the variant(s) in the gene have previously been reported to cause the disease. For the report of VUS, the variant(s) may need to be discussed in relation to the variant database such as GnomAD, ExAc and ClinVar. For a negative result, the report should clearly indicate that 'No clear pathogenic sequence variant was detected' and conclude that 'The clinical diagnosis of EB has not been explained at the molecular genetic level in this patient'. The report should also state the technique limitations, as well as the limitations in current understanding of the clinical manifestations of the disease. Depending on the local situation, the report may offer carrier testing and/or prenatal testing to the family, and/or suggest referral for genetic counselling.

a) Carrier testing

If the pathogenic variant is confirmed, the report should clearly state that the variant found in this individual is identical to the variant determined from the index case in the family, therefore this individual is a carrier for this variant. Suggestion for genetic counselling and PND can also be made at this stage. For predictive diagnostic for a partner of a carrier, complete coverage can be achieved by a NGS EB gene panel diagnosis; nevertheless predictive genetic testing depends on national regulations and usually requires in advance genetic counselling.
b) Prenatal diagnostic (PND) report

The implication of the pathogenic variant present or absent in the PND must be clearly stated and whether the foetus is clinically affected or unaffected must also be clearly stated. According to the local regulation, it should be stated if the foetus is a carrier or not. The test results for maternal contamination also need to be clearly stated to further confirm the validity of the result. According to local regulation, the sex of the foetus can be indicated in the report if the person who requests the report feels such information might be of interest.

In addition to the aforementioned details of a report, when NGS analysis has been performed, the report must also include a list of genes tested within a particular panel. All variants reported need to be annotated according to HGVS nomenclature. The transcript being used for providing c. and p. nomenclature and exon numbering should be provided in the report.

Report for IFM

The report for IFM should include a list of the primary antibodies used, the expected staining pattern and the strength of signal observed in normal control skin for each antibody, compared with the staining pattern and signal strength in patient skin. A clear conclusion should be made from these observations when the result is conclusive. However, IFM may sometimes lead to an unclear or inconclusive result such as 'no significant difference has been observed between normal control skin and patient skin, and no blister formation'. In these cases, the report should suggest the possibility of further tests, or a differential diagnosis.

Report for TEM

The report for TEM is usually done only with patient skin. This should include a semi-thin section finding description. The report of ultrastructural findings should concern the entire epidermis, from the horny layer to basal keratinocytes, and all the structural components of the cutaneous BMZ, from the hemidesmosomes with tonofilament attachment to anchoring filaments and anchoring fibrils. The conclusion should include whether the patient is affected with EB, which type and, if defined, which subtype, and what would be the next test in order to reach a final confirmation. Alternatively, the report should specify that the results are not conclusive and further test to be performed.
8. Recommendations for EB laboratory diagnosis

Table 1 summarizes the recommendations for EB laboratory diagnosis with the levels of evidence and grades of recommendations based on the appraised literature.

9. How does the guideline work in practice

As this guideline is intended for international use, it is not possible to formulate a strategy for its implementation in all clinical centres. However, the activities of DEBRA International will aid in the dissemination of the guidelines and facilitate adoption by the proposed user groups. These guidelines will be translated into other languages and a patient version will be made to aid accessibility. DEBRA International would value feedback on the guideline so they can continue to improve its quality and impact.

Two examples of how to use the guideline in practice are given below. They illustrate the limits, advantages and complementarity of the methods, as well as the crucial role of laboratory diagnosis in EB for outcomes such as prognostication, decision making, genetic counselling and PND. An example of a scientific report for Case 1 is provided as a Supplementary document, and the flow chart applied to Case 2 is illustrated in the Supplementary figure 2.

Case 1

Type of referral: At disease onset, at birth

Clinical information: Female newborn with congenital skin defects on upper and lower limbs, mechanically induced skin blisters and milia. Family history was negative, parents were not related.

IFM: A skin biopsy was performed on the second day of life and analysed by IFM with an extended panel of 18 antibodies to proteins of the BMZ. Result: no skin cleavage, all markers stained comparable to the normal skin. TEM was not available.

Genetic testing: Genetic testing was performed with a targeted EB gene panel. Result: KRT5 (NCBI RefSeq NM_000424.3) c.548T>A, p.Ile183Asn, in a heterozygous state. This is a pathogenic variant previously reported in individuals with autosomal

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dominant EBS\textsuperscript{39} (class 5 according to ACMG). Genetic testing by SS excluded this pathogenic variant in the parents' DNA.

**Diagnosis:** EBS caused by a \textit{de novo} monoallelic \textit{KRT5} pathogenic variant. Based on clinical manifestations EBS was classified as severe generalised.

**Comment:** IFM was performed in the first days of life. It was not conclusive but excluded severe types of JEB and DEB, and recessive EBS. TEM was not available. In the absence of a candidate gene, genetic testing was performed by a targeted EB gene panel at the age of 3 months and enabled the diagnosis of EBS due to a \textit{de novo} \textit{KRT5} pathogenic variant. Since the girl was still in a life-threatening condition, the diagnosis was important for prognosis, decision making and genetic counselling for the parents.

**Case 2**

**Type of referral:** An adult female at the age of 38 years, genetic counselling and PND envisaged for an eventual pregnancy.

**Clinical information:** Skin fragility manifestations at the age of 1 year, with pretibial and feet blistering, milia, dystrophic toenails and later loss of several toenails (Supplementary Figure 2). Family history: one similarly affected sibling, parents not affected, not related and from separate geographical areas.

**IFM:** Skin biopsy performed at the time that the diagnosis was requested. Result: Skin cleavage at dermal level. Type VII collagen staining reduced, compared to the normal skin (clone LH7.2).

**Genetic testing:** Genetic testing was performed by direct bidirectional SS of \textit{COL7A1}. Result: Two heterozygous \textit{COL7A1} (NCBI RefSeq NM_000094.3) variants were identified in both the patient and her sibling, and recessive inheritance was confirmed in the progenitors.

\textit{COL7A1}: c.6527dupC; p.Gly2177Trps*113 in Exon 80 (paternal origin)
COL7A1: c.6341G>A; p.Gly2114Asp in Exon 76 (maternal origin)

Partner of Case 2: Non carrier of familial variants. Non carrier of frequently reported pathogenic variants in COL7A1 exons 5, 23-25, 57-60, 76, 80-82, 105 and 106.

The pathogenic variant c.6527dupC in exon 80 is the most frequent detected in Spanish and Chilean RDEB patients (class 5 according to ACMG).

The variant c.6341G>A in exon 76 was not previously reported, either as a pathogenic (www.hgmd.cf.ac.uk/; www.deb-central.org/; www.ncbi.nlm.nih.gov/clinvar/) or as a SNP (http://exac.broadinstitute.org/; www.ncbi.nlm.nih.gov/snp; www.ensembl.org/). A variant rs1285959723 affecting the same codon is reported (c.6340G>C; p.Gly2114Arg) with a highest population minor allele frequency < 0.01 (1000 Genomes, ESP, Exact, gmomAD) for which clinical data are not available. The variant in exon 76 co-segregates with the disease in the two affected siblings and was found in three other Spanish RDEB non-related cases (unpublished data of the laboratory). In silico pathogenicity was predicted by standard computational programs: PolyPhen-2 (http://genetics.bwh.harvard.edu/pph2/: probably damaging, 0.999), Mutation taster (http://www.mutationtaster.org; disease causing, 0.999) and SIFT (http://sift.bii.a-star.edu.sg/; affect protein function score 0.00). Moreover, pathogenicity is supported by the location of p.Gly2114 in the collagenous domain of type VII collagen, in a conserved Gly-X-Y repeat (class 5 according to ACMG).

Diagnosis: RDEB with reduced type VII collagen and compound heterozygous COL7A1 pathogenic variants. Based on the clinical manifestations the subtype is pretibial RDEB.

Comments: COL7A1 genetic testing was performed by direct bidirectional SS to identify pathogenic variants and enable counselling for an eventual pregnancy. Suspected dominant DEB due to a de novo pathogenic variant was discarded. Causative pathogenic variants support IFM results and clinical manifestation. The partner was also tested, and no pathogenic variant was disclosed. Genetic counselling was provided.
10. Future research

Based on the literature research and appraisal, future research is needed to address the following issues regarding EB laboratory diagnosis:

1. Sensitivity, time to diagnosis and costs per patient for different EB laboratory diagnostic methods
2. Preimplantation genetic diagnosis in EB
3. Non-invasive PND utilising cell-free foetal DNA in EB
4. Gene-specific data bases for interpretation of sequence variants, clinical trials and precision medicine
5. Inter and extra familial variability of the phenotype: co expression factors.

Acknowledgements

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### Levels of Evidence

<table>
<thead>
<tr>
<th>Grades</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>1++</td>
<td>High quality meta-analyses, systematic reviews of randomised controlled trials (RCTs), or RCTs with a very low risk of bias</td>
</tr>
<tr>
<td>1+</td>
<td>Well conducted meta-analyses, systematic reviews, or RCTs with a low risk of bias</td>
</tr>
<tr>
<td>1-</td>
<td>Meta-analyses, systematic reviews, or RCTs with a high risk of bias</td>
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<tr>
<td>2++</td>
<td>High quality systematic reviews of case control or cohort studies</td>
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<tr>
<td>2+</td>
<td>Well conducted case control or cohort studies with a very low risk of confounding or bias and a high probability that the relationship is causal</td>
</tr>
<tr>
<td>2-</td>
<td>Case control or cohort studies with a high risk of confounding or bias and a significant risk</td>
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<tr>
<td>3</td>
<td>Non-analytic studies, e.g. case reports, case series</td>
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<td>4</td>
<td>Expert opinion</td>
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### Grades of recommendation made by the guideline panel

<table>
<thead>
<tr>
<th>Grades</th>
<th>Descriptions</th>
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<tbody>
<tr>
<td>A</td>
<td>At least one meta-analysis, systematic review, or RCT rated as 1++, and directly applicable to the target population; or A body of evidence consisting principally of studies rated as 1+, directly applicable to the target population, and demonstrating overall consistency of results</td>
</tr>
<tr>
<td>B</td>
<td>A body of evidence including studies rated as 2++, directly applicable to the target population, and demonstrating overall consistency of results; or Extrapolated evidence from studies rated as 1++ or 1+</td>
</tr>
<tr>
<td>C</td>
<td>A body of evidence including studies rated as 2+, directly applicable to the target population and demonstrating overall consistency of results; or Extrapolated evidence from studies rated as 2++</td>
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<tr>
<td>D</td>
<td>Evidence level 3 or 4; or Extrapolated evidence from studies rated as 2+</td>
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### Table Good practice points

<table>
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<th>Description</th>
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<tbody>
<tr>
<td></td>
<td>! Recommended best practice based on the clinical experience of the guideline development group</td>
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</table>
References


67 Schmutz JL, Trechot P. Note the irritant effect of Emla® cream potentially leading to diagnostic errors. *Ann Dermatol Venereol* 2012; 139:82-3.


**Figures**

**Figure 1.** Schematic representation of intra-epidermal and dermo-epidermal adhesion structures with EB relevant proteins

**Figure 2.** Flow chart of EB laboratory diagnosis. Schematic representation of the steps required for achieving molecular diagnosis of EB. Steps shown in green lead to a clear diagnosis of the EB type/subtype, while steps shown in red may require individualised strategies in a research setting.
# Tables

## Table 1. Summary of key recommendations for EB laboratory diagnosis

<table>
<thead>
<tr>
<th>No</th>
<th>Recommendation</th>
<th>Grade of recommendation</th>
<th>Level of evidence</th>
<th>References</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>We strongly recommend that an EB laboratory diagnosis should be performed; with the first clinical suspicion of EB an adapted diagnosis technique should be initiated.</td>
<td>C</td>
<td>2+</td>
<td>20,62,77,79,112,113,114</td>
</tr>
<tr>
<td>2</td>
<td>Early diagnosis by IFM and genetic testing is sufficient to provide prognosis and help decision making in most cases.</td>
<td>C</td>
<td>IFM: 2+</td>
<td>20,62,77,79,112</td>
</tr>
<tr>
<td></td>
<td></td>
<td>B</td>
<td>Genetic testing: 2++</td>
<td>24,28,34,112</td>
</tr>
<tr>
<td>3</td>
<td>DNA-based prenatal diagnosis is technically feasible for all EB subtypes and should be considered upon family request and according to the national regulations*.</td>
<td>B</td>
<td>2++</td>
<td>62,77,79,112</td>
</tr>
<tr>
<td>4</td>
<td>We strongly recommend that EB laboratory diagnosis should be performed in laboratories with documented specific expertise and experiences in the field, preferably accredited.</td>
<td>D</td>
<td>4</td>
<td></td>
</tr>
<tr>
<td>5</td>
<td>Genetic testing is always recommended for the diagnosis of EB. The index case and, whenever possible, the parents should be tested in order to provide reliable genetic counselling and risk calculation for family members/offspring.</td>
<td>B</td>
<td>2++</td>
<td>20,62,77,79,112</td>
</tr>
<tr>
<td>6</td>
<td>Methods for genetic testing in EB include: NGS – targeted EB gene panel and WES, and SS. Additional methods to be applied in selected cases include SNP arrays for segregation analysis, MLPA, qPCR and RNA-Seq as well as homozygosity mapping in case of consanguinity in the families. Hot spot and recurrent pathogenic variants can be tested in specific situations (population, clearly defined phenotype) to reduce costs and time.</td>
<td>B</td>
<td>2++</td>
<td>24,28,34,112</td>
</tr>
<tr>
<td>7</td>
<td>IFM is recommended to obtain a rapid diagnosis and prognosis, and to prioritise genetic testing and to facilitate interpretation of genetic results.</td>
<td>C</td>
<td>2+</td>
<td>20,62,77,79,112</td>
</tr>
<tr>
<td>8</td>
<td>TEM is useful in a limited number of cases, and should be performed when IFM and genetic testing do not deliver conclusive results.</td>
<td>C</td>
<td>2+</td>
<td>77</td>
</tr>
<tr>
<td>9</td>
<td>If appropriate EB laboratory diagnosis yields inconclusive results, the original diagnosis and the diagnostic strategy should be re-evaluated and individualised strategies could be considered. In such cases further laboratory analyses imply additional expertise, high costs, and is time consuming. This cannot be assured by all laboratories. EB is a rare disorder, therefore external, national and/or international collaboration is recommended to help solve such cases.</td>
<td>C</td>
<td>2+</td>
<td>57,80,91,113,114</td>
</tr>
<tr>
<td>10</td>
<td>Results of the EB laboratory diagnosis should be communicated to the patient and family preferably by geneticists and dermatologists with experience in the field, and according to national rules/regulations. Genetic counselling is always recommended.</td>
<td>D</td>
<td>4</td>
<td></td>
</tr>
</tbody>
</table>

Legend: *, DNA based prenatal diagnosis is only possible when familial mutation is known
<table>
<thead>
<tr>
<th>EB type / subtype</th>
<th>Gene Protein</th>
<th>Inheritance</th>
<th>Level of skin cleavage and ultrastructural anomalies as assessed by TEM</th>
<th>Relative protein expression as assessed by IFM</th>
<th>Types of pathogenic sequence variants</th>
</tr>
</thead>
<tbody>
<tr>
<td>EB simplex</td>
<td>KRT5 Keratin 5</td>
<td>AD</td>
<td>Cleavage: basal keratinocyte cytoplasm; tonofilament clumping always present in EBS generalised severe and in some cases of EBS with mottled pigmentation</td>
<td>Unchanged</td>
<td>Missense, nonsense, splice site, frame shift, in-frame (large) deletions/insertions</td>
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<tr>
<td></td>
<td>KRT14 Keratin 14</td>
<td>AD, AR</td>
<td>Cleavage: basal keratinocyte cytoplasm; tonofilament clumping in EBS generalised severe; lack of tonofilaments in basal keratinocytes in AR EBS</td>
<td>Unchanged or absent</td>
<td>Missense, nonsense, splice site, frame shift, in- frame deletion/duplications</td>
</tr>
<tr>
<td></td>
<td>PLEC Plectin</td>
<td>AD, AR</td>
<td>Cleavage: basal keratinocyte cytoplasm just above hemidesmosomes; diminutive hemidesmosomes.</td>
<td>Plectin unchanged or reduced with domain specific antibodies</td>
<td></td>
</tr>
<tr>
<td></td>
<td>KLHL24 Kelch-like protein 24</td>
<td>AD</td>
<td>Cleavage: basal keratinocyte cytoplasm; reduced tonofilaments in basal keratinocytes</td>
<td>Keratin 14 reduced or unchanged</td>
<td>Pathogenic variants in the translation initiation codon</td>
</tr>
<tr>
<td></td>
<td>DST BPAG1</td>
<td>AR</td>
<td>Cleavage: basal keratinocyte cytoplasm; diminutive hemidesmosomes lacking tonofilament attachment</td>
<td>BPAG1 (isoform e) absent</td>
<td>Nonsense, missense, frame shift, splice site</td>
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<tr>
<td></td>
<td>EXPH5 Exophilin 5</td>
<td>AR</td>
<td>Cleavage: basal keratinocytes cytoplasm; tonofilament aggregation in basal keratinoctyes</td>
<td>Exophilin 5 absent</td>
<td>Nonsense, frame shift</td>
</tr>
<tr>
<td></td>
<td>CD151 Tetraspanin 24</td>
<td>AR</td>
<td>Cleavage: lower epidermis</td>
<td>CD151 absent</td>
<td>Frame shift, splice site</td>
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<tr>
<td></td>
<td>TGMS Transglutaminase 5</td>
<td>AR</td>
<td>Cleavage: between stratum granulosum and corneum</td>
<td>Absent or reduced activity/expression of transglutaminase 5</td>
<td>Nonsense, nonsense, frame shift, splice site</td>
</tr>
<tr>
<td></td>
<td>PKP1 Plakophilin 1</td>
<td>AR</td>
<td>Cleavage: suprabasal epidermal layers; hypoplastic desmosomes</td>
<td>Plakophilin 1 absent</td>
<td>Nonsense, frame shift, splice site</td>
</tr>
<tr>
<td></td>
<td>DSP Desmoplakin</td>
<td>AR</td>
<td>Cleavage: suprabasal epidermal layers; hypoplastic desmosomes</td>
<td>Desmoplakin reduced or absent</td>
<td>Nonsense, frame shift</td>
</tr>
<tr>
<td></td>
<td>JUP Plakoglobin</td>
<td>AR</td>
<td>Cleavage: suprabasal epidermal layers; hypoplastic desmosomes</td>
<td>Plakoglobin absent</td>
<td>Nonsense</td>
</tr>
<tr>
<td>Junctional EB</td>
<td>LAMA3, LAMB3, LAMC2 Laminin-332</td>
<td>AR</td>
<td>Cleavage: lamina lucida; rudimentary to hypoplastic hemidesmosomes in most cases</td>
<td>Laminin-332 reduced or absent</td>
<td>Nonsense, frame shift, splice site, missense</td>
</tr>
<tr>
<td></td>
<td>COL17A1 Type XVII collagen</td>
<td>AR</td>
<td>Cleavage: lamina lucida, very rarely within basal keratinocytes; hypoplastic hemidesmosomes in most cases</td>
<td>Type XVII collagen reduced or absent</td>
<td>Nonsense, frame shift, splice site, missense, large deletions</td>
</tr>
<tr>
<td></td>
<td>LAMA3A</td>
<td></td>
<td>Cleavage: usually not</td>
<td>No change in the</td>
<td>Frame shift, nonsense</td>
</tr>
<tr>
<td>Protein</td>
<td>Domain</td>
<td>Description</td>
<td>Pathology</td>
<td>Legend</td>
<td></td>
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<tr>
<td><strong>AR</strong></td>
<td>detectable; hypoplastic hemidesmosomes</td>
<td>Relative protein expression</td>
<td>Intigrin α6β4 reduced or absent, rarely unchanged</td>
<td>Nonsense, frame shift, splice site, missense, large deletions</td>
<td></td>
</tr>
<tr>
<td>ITGA6, ITGB4</td>
<td>Integrin α6β4</td>
<td>Cleavage: lamina lucida, very rarely within basal keratinocytes; hypoplastic hemidesmosomes</td>
<td>Intigrin α6β4 reduced or absent, rarely unchanged</td>
<td>Nonsense, frame shift, splice site, missense</td>
<td></td>
</tr>
<tr>
<td>ITGA3</td>
<td>Integrin α3 subunit</td>
<td>No data available</td>
<td>Intigrin α3 subunit absent</td>
<td>Nonsense, frame shift, splice site, missense</td>
<td></td>
</tr>
<tr>
<td><strong>Dystrophic EB</strong></td>
<td></td>
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<tr>
<td>COL7A1</td>
<td>Type VII collagen</td>
<td>Cleavage: sublamina densa, lack of anchoring fibrils in RDEB generalised severe, hypoplastic anchoring fibrils in the other subtypes</td>
<td>Type VII collagen reduced or absent, sometimes unchanged</td>
<td>Nonsense, frame shift, splice site, missense</td>
<td></td>
</tr>
<tr>
<td>COL7A1</td>
<td>Type VII collagen</td>
<td>Cleavage: sublamina densa, hypoplastic anchoring fibrils</td>
<td>Type VII collagen unchanged or reduced</td>
<td>Missense, splice site, (large) in frame deletions</td>
<td></td>
</tr>
<tr>
<td>PLOD3</td>
<td>Lysyl hydroxylase 3</td>
<td>Cleavage: sublamina densa, fragmentation of the lamina densa, variable number and altered morphology of anchoring fibrils</td>
<td>Type VII collagen reduced</td>
<td>Missense, frame shift</td>
<td></td>
</tr>
<tr>
<td><strong>Kindler syndrome</strong></td>
<td></td>
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</tr>
<tr>
<td>FERMT1</td>
<td>Kindlin-1</td>
<td>Cleavage: multiple levels (basal keratinocytes, lamina lucida, sublamina densa); lamina densa reduplications</td>
<td>Kindlin-1 absent or reduced</td>
<td>Nonsense, splice site, frame shift, large deletions, regulatory, in frame, missense, deep intronic</td>
<td></td>
</tr>
</tbody>
</table>

Legend: AD, autosomal dominant, AR, autosomal recessive, a, types of sequence variants described in the literature according to HGMD 2018.3; b, cases with compound heterozygosity for recessive and dominant sequence variants were reported; c, somatic forward mosaicism was reported; d, germline mosaicism was reported.
Table 3. Comparison of the main methods for EB laboratory diagnosis

<table>
<thead>
<tr>
<th>Method</th>
<th>Advantage</th>
<th>Disadvantage</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Targeted NGS EB gene panel</strong></td>
<td>Relatively rapid and effective approach for EB diagnosis, in particular if clinical features, IFM and TEM findings do not indicate the candidate gene, or such information is not available, or in situations with genetic heterogeneity</td>
<td>Not available in every country / healthcare setting</td>
</tr>
<tr>
<td></td>
<td>Identifies disease-causing pathogenic variant(s)</td>
<td>Requires bioinformatics support</td>
</tr>
<tr>
<td></td>
<td>In correlation with phenotypic information, identifies mode of inheritance</td>
<td>Incidental findings (such as carrier status for autosomal recessive EB subtypes, other than expected)</td>
</tr>
<tr>
<td></td>
<td>Allows genetic counselling</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Allows DNA-based prenatal diagnosis</td>
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</tr>
<tr>
<td></td>
<td>Detects mosaicism quantitatively</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Allows predictive diagnosis for partners with carrier status*</td>
<td></td>
</tr>
<tr>
<td></td>
<td><strong>Level of evidence 2++</strong></td>
<td></td>
</tr>
<tr>
<td><strong>Whole exome sequencing</strong></td>
<td>Effective approach if clinical features, IFM and TEM findings do not indicate the candidate gene, or such information is not available</td>
<td>Not available in every country / healthcare setting</td>
</tr>
<tr>
<td></td>
<td>Identifies disease-causing pathogenic variant(s)</td>
<td>Requires bioinformatics support</td>
</tr>
<tr>
<td></td>
<td>May identify variants in new EB-associated genes</td>
<td>Finding analysis and interpretation require expertise and are time-consuming</td>
</tr>
<tr>
<td></td>
<td>In correlation with phenotypic information, identifies mode of inheritance</td>
<td>Incidental findings**</td>
</tr>
<tr>
<td></td>
<td>Allows genetic counselling</td>
<td>More expensive than targeted NGS</td>
</tr>
<tr>
<td></td>
<td>Allows DNA-based prenatal diagnosis</td>
<td></td>
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<tr>
<td></td>
<td>Can detect mosaicism</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Allows predictive diagnosis for partners with carrier status*</td>
<td></td>
</tr>
<tr>
<td></td>
<td><strong>Level of evidence 2+</strong></td>
<td></td>
</tr>
<tr>
<td><strong>Candidate gene analysis by Sanger sequencing</strong></td>
<td>Straightforward approach if candidate gene (s) is (are) obvious or has (have) been identified by IFM/TEM or the familial mutation is known</td>
<td>Will miss variations in other EB genes</td>
</tr>
<tr>
<td></td>
<td>Identifies disease-causing pathogenic sequence variant(s)</td>
<td>May be time-consuming and more expensive if the “candidate” gene is not correct and more genes have to be analysed</td>
</tr>
<tr>
<td></td>
<td>In correlation with phenotypic information, identifies mode of inheritance</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Allows genetic counselling</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Allows DNA-based prenatal diagnosis</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Allows predictive diagnosis for partners with carrier status**</td>
<td></td>
</tr>
<tr>
<td></td>
<td><strong>Level of evidence 2++</strong></td>
<td></td>
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<tr>
<td><strong>Immunofluorescence mapping</strong></td>
<td>Easy technique</td>
<td>Skin biopsy, a modestly invasive procedure is required</td>
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<tr>
<td></td>
<td>Rapid result</td>
<td>Possible artefacts (e.g. artificial junctional cleavage)</td>
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<tr>
<td></td>
<td>May indicate the candidate protein</td>
<td></td>
</tr>
<tr>
<td></td>
<td>May indicate the consequence of the process</td>
<td></td>
</tr>
<tr>
<td>Method</td>
<td>Prognostic value</td>
<td>Level of evidence</td>
</tr>
<tr>
<td>------------------------------------</td>
<td>---------------------------------------------------------------------------------</td>
<td>-------------------</td>
</tr>
<tr>
<td>genetic variant(s) on protein level</td>
<td>May be helpful in interpretation of VUS</td>
<td>2+</td>
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<tr>
<td></td>
<td>May help in the identification of areas of revertant mosaicism</td>
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<tr>
<td></td>
<td>May remain uninformative (no skin cleavage and no alteration of immunoreactivity) in mild EB subtypes (e.g. localized EBS or DEB)</td>
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<tr>
<td></td>
<td>The delivered information depends on the quality and number of applied antibodies</td>
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<tr>
<td></td>
<td>No information on the genetic defect</td>
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<td></td>
<td>Experience is required for interpretation of the results</td>
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<td></td>
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<tr>
<td>Transmission electron microscopy</td>
<td>Identifies ultrastructural anomalies which are specific for some types of EB</td>
<td>2+</td>
</tr>
<tr>
<td></td>
<td>Identifies ultrastructural anomalies which could help in validation of the pathogenic role of VUS</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Skin biopsy, a modestly invasive procedure is required</td>
<td></td>
</tr>
<tr>
<td></td>
<td>May remain uninformative (e.g. no skin cleavage, presence of non-specific alterations such as re-epithelialisation, or subtle changes in epithelial adhesion structures)</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Possible artefacts due to biopsy technique or processing (e.g. absence of epidermis or artefactual cleavage)</td>
<td></td>
</tr>
<tr>
<td></td>
<td>No information on the genetic defect</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Expertise is required for both specimen processing and finding interpretation</td>
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</tr>
<tr>
<td></td>
<td>Time-consuming</td>
<td></td>
</tr>
</tbody>
</table>

Legend: *, in most countries, NGS EB gene panel and WES are not indicated for carrier testing, and insurance companies do not cover the cost; before predictive testing genetic, individuals must undergo genetic counselling and must consent regarding communication of incidental findings; **, such as pathogenic variants or VUS in genes associated with cancer predisposition or genetic disorders with late onset, or carrier status for autosomal recessive disorders.